

Nutrition Care Process Tutorial

Module 1: Navigating the NCPT Website

Academy of Nutrition and Dietetics

Nutrition Care Process Terminology
2023 Edition

NCP Tutorial: A Seven Module Series

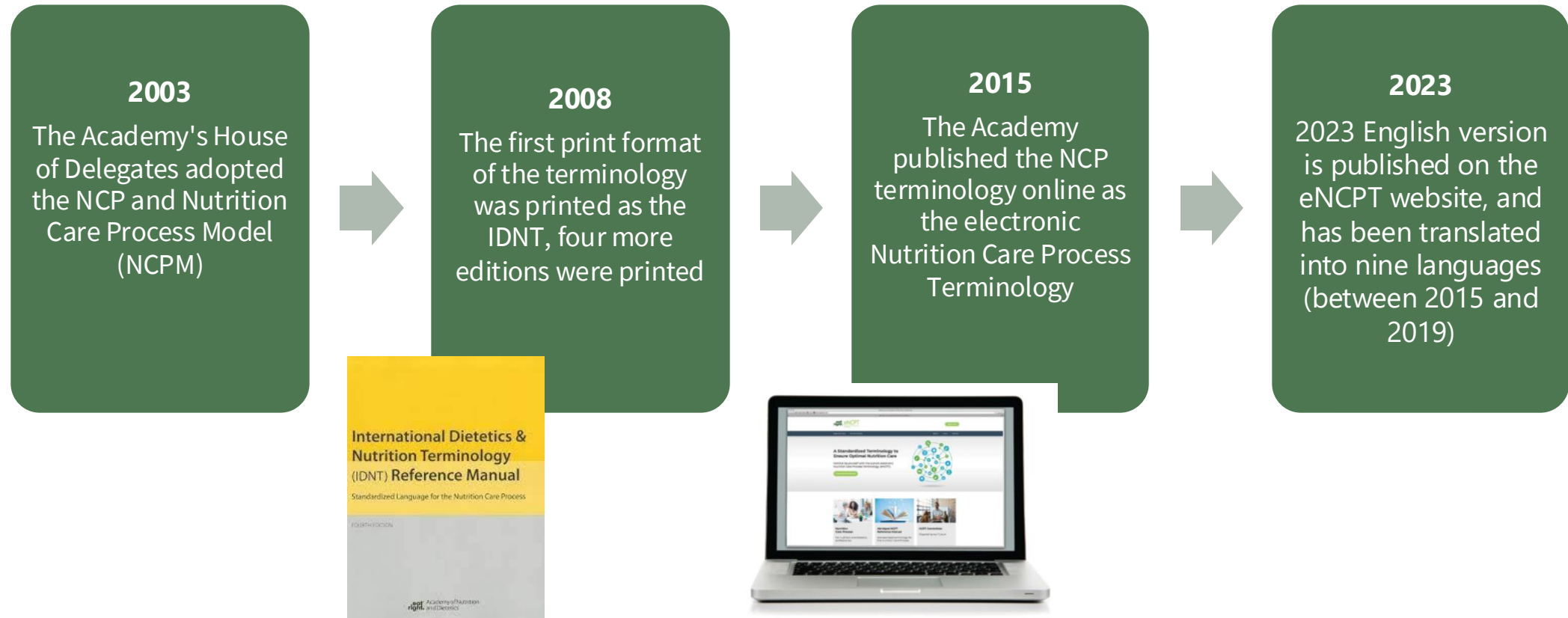
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- **Introduction to the Nutrition Care Process**
 - Module 2: Overview of the NCP
- **Nutrition Assessment**
 - Module 3: Nutrition Assessment - Overview, Terms, and Use
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NCP Tutorial Quiz



- Once all NCP Tutorial modules have been completed, users can access a quiz to check knowledge and understanding.
- RDNS:
 - Please visit the URL provided to take the NCP Tutorial Quiz. Upon passing the Quiz, you will receive a link to download certificate of completion.
 - Note: *The Quiz is no longer available for continuing education credits.*
- Students and Interns:
 - Please visit the URL provided to take the NCP Tutorial Quiz. Upon passing the Quiz, you will receive a link to download certificate of completion.

The Nutrition Care Process Terminology: A Timeline



Nutrition Care Process Terminology (NCPT) Website



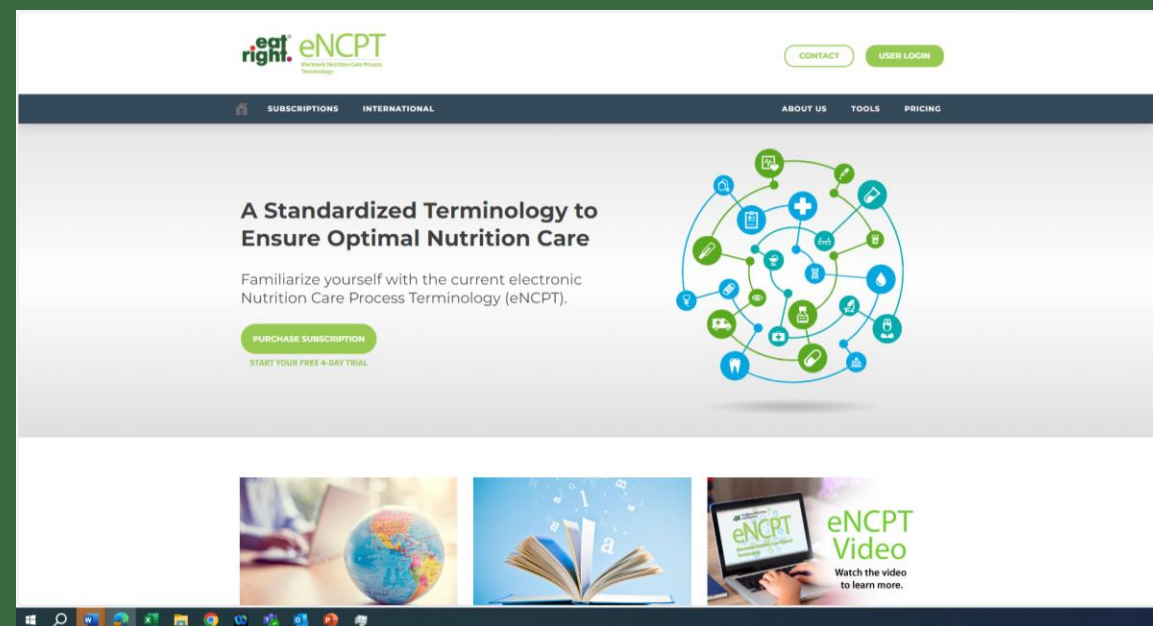
Available at: www.nutritioncareprocess.org

The eNCPT is the online platform for the Nutrition Care Process Terminology

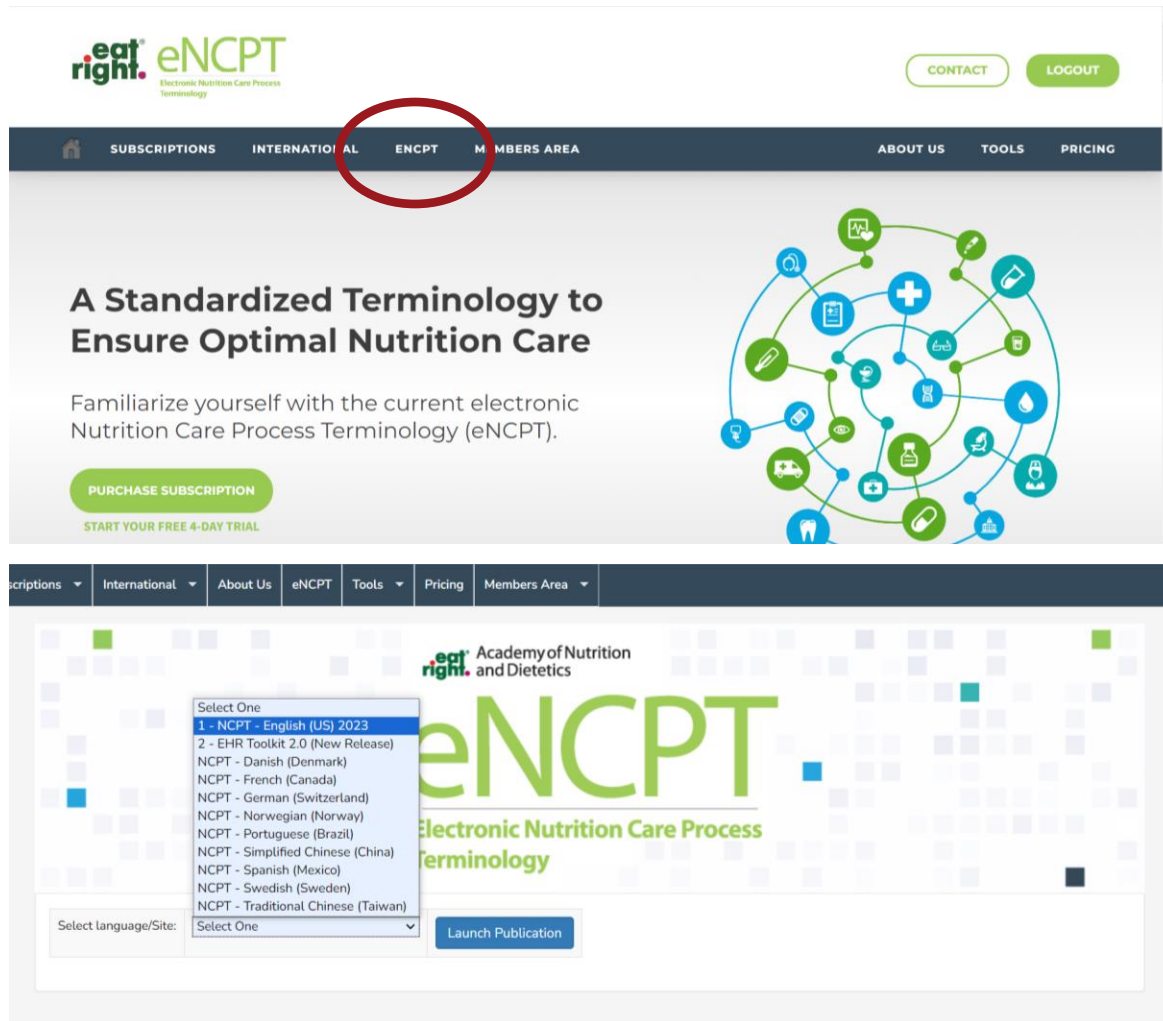
The eNCPT Website

From the Homepage, users can:

- Purchase an NCPT online subscription (Academy members are eligible for discount pricing)
- Sign up for a free trial of the NCPT
- Access general information about the Nutrition Care Process
- Complete the NCP Tutorials
- Learn about NCPT updates and news alerts
- Access free content; *including commonly used term lists for malnutrition, term highlights, and articles on the NCP and NCPT*
- Purchase the eNCPT Clinical Case Studies (2nd edition) and other NCPT resources



Logging Into the NCPT Website as a Subscriber



Once you have purchased an eNCPT subscription, you will have access to all online content and NCPT language translations

NCPT Content Available to Subscribers

NCP Snapshots that summarize each NCP step

200+ Reference Sheets that detail specific NCP Terms

2100 Nutrition Care Process Terms + Printable NCP Term Sheets by Nutrition Step

Nutrition Care Process
Terminology
Reference Sheets
FAQs
Matrices
Resources
Licensees

Nutrition Assessment Snapshot
Nutrition Diagnosis Snapshot
Nutrition Intervention Snapshot
Nutrition Monitoring and Evaluation Snapshot

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Nutrition Care Process Introduction

The Nutrition Care Process (NCP) is designed to improve the consistency and quality of nutrition care and the predictability of the nutrition care outcomes. It is not intended to standardize nutrition care for clients, but rather to establish a standardized process for providing care.

There are four steps in the process:

- Nutrition Assessment and Reassessment
- Nutrition Diagnosis
- Nutrition Intervention
- Nutrition Monitoring and Evaluation

Nutrition Care Process and Medical Nutrition Therapy

Nutrition and dietetics professionals may question the difference between medical nutrition therapy (MNT) and nutrition interventions. MNT is not synonymous with the NCP, but it is one specific type of nutrition care. The Academy's definition

RELATED LINKS
NCP Model
Nutrition Assessment
Nutrition Diagnosis
Nutrition Intervention
Nutrition Monitoring and Evaluation

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Diagnosis ▾

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Assessment and Monitoring and Evaluation Terminology

combined list of Nutrition Assessment and Monitoring and Evaluation terms. All terms can be used for Nutrition Assessment. Client History terms are used for assessment, but not for Nutrition Monitoring and Evaluation. Each term is designated with an alpha numeric NCPT hierarchical code, followed by a five-digit (eg. 99999) CT/LOINC unique identifier (ANDUID). None should be used in nutrition documentation. The ANDUID is for data-tracking purposes in electronic health records.

NCPT Code	ANDUID
Nutrition-Related History <i>nutrient intake, food and nutrient administration, medication and complementary/alternative medicine use, knowledge/beliefs/attitudes, behavior, food and social activity and function, nutrition-related patient/client-centered measures.</i>	
Nutrient Intake (1) <i>intake and adequacy of food and nutrient intake, meal and snack patterns, current and previous diets and/or food modifications, and eating environment.</i>	
Intake Determination (1.1) <i>estimation of the total energy intake from all sources including food, beverages, breastmilk/formula, supplements, and via enteral and parenteral routes.</i>	

Energy Intake (FH-1.1.1)

Assessment

Diagnosis

Intervention

Monitor/Evaluation

Energy Assessment and Monitoring and Evaluation

Estimated energy intake

Total energy estimated intake in 24 hours (calories, kcal or kJ/day) - defined as the approximate intake in one day of all energy

Energy estimated intake per kg body weight in 24 hours (calories, kcal, or kJ/kg/day)—defined as the approximate intake per kg of body weight in one day of all energy

Questions?

- Sales and Subscription Questions: ncpsales@eatright.org
- Technical Support: ncpsupport@eatright.org
- Content Related Questions : ncpeditor@eatright.org
- NCP Permissions and Reprint Requests: ncppermissions@eatright.org
- For information on term submission, visit: <https://www.ncpro.org/terminology-submission-process>

Proceed to Module 2